

## The Sewn Journal Sketchbook: A Multi-signature sewn binding

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This multi-signature book will be sewn in a traditional manner creating a textblock suitable for drawing or painting, depending on the paper you choose to use. It will be bound with a semi-rigid wrapper cover. Materials, simple variations, and ideas for use will be covered, including how to accommodate collage and other dimensional items attached to pages. This book structure is the basis for many traditional bindings, lightweight but durable, and perfect for a visual journal, sketchbook or more traditional text-based book. We will tear down paper in class, no pre-workshop preparation of materials required. This workshop should be fine for those with some knowledge and experience of basic bookbinding vocabulary, tools, and materials.

1-2 sheets 22 x 30 size watercolor or mixed media paper 90 lb. weight, such as 500 series Mixed Media Paper, 90 lb/190 gsm, or Arches Text Wove, Fabriano Artístico 90 lb watercolor paper, or other 90 lb watercolor paper. These are for the pages. Paper grain direction does not matter, as you will tear down your paper accordingly.

1 small square piece (6" x 6") of thin to medium weight Asian or Japanese paper OR a piece of thin white muslin or similar cloth will do (6" x 2" strip) OR you can use a piece of thin copy paper, 8.5 x 11, to line the spine.

1 sheet 22x30 watercolor paper (140 lb.), such as Strathmore 400 series Watercolor paper 140lb/300gsm, 22 x 30 inches or something similar that would be suitable for a paper cover (needs to fold well without cracking). A handmade paper such as Cave Paper or St. Armand would also work.

4-6 feet of #18 (18/3) linen bookbinding thread (unwaxed preferred) OR standard sturdy button and carpet thread OR #5 perle cotton if you can't find something else.

### Tools

- Double-sided tape (any kind, such as 1/2" 3M brand #415), need about 5-6 feet OR glue stick
- A chunk of beeswax or paraffin to wax the thread (if available)
- Bookbinding sewing needle (with eye big enough for thread, but not much larger than needle shaft)
- Scissors
- Bone folder (or another tool to score a line in paper before folding)
- Ruler, 12" (longer one might be useful also)
- 2 Binder's clips (like the small-medium size ones from the office supply store)
- Piercing tool or awl or sewing needle
- Glue brush (1/4" wide best)
- Glue, small amount needed
- Paper knife (optional, for helping to tear down paper)
- Pencil
- Scrap paper